Recipe from Melissa Futrell

One of my favorites is Zucchini Stir Fry. I usually make this by scratch so you can improvise.  
  
> 3-4 Zucchini  washed and sliced  
> I Carton of sliced mushrooms  
> Several slices of onion, chopped, or more if you like  
> Salt and pepper to taste  
> Italian seasoning to taste  
>  
> Place all ingredients in a sauté pan with a couple Tbsp. of olive oil. I usually stir fry all the ingredients stirring frequently until cooked through. Then I sprinkle Parmesan cheese over the top, reduce heat, and cover to melt the cheese. Enjoy!  
>